

2018



PUPILS' MODULE: EXPERIENCE LIFE EXPERIENCES



METAMINDS | METACOGNITION IN EUROPEAN TEACHING
ACTIVATING MINDS THROUGH THE IMPLEMENTATION OF NEW DEVELOPMENT STRATEGIES
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Life experiences

INDICATOR: Be aware of prior learning experiences outside school.

METACOGNITIVE GOALS

Reflect and be aware of how life experiences and prior learning affect the pupil's life and development.

TARGET GROUP: 12 -14 years old pupils

TIME

45 minutes.

ORGANISATION

The teacher hands out the worksheet you can find below to the pupils of their class. Each pupil is asked to match the experiences mentioned in the sheet with one or more words/expressions provided. For each experience they can match more than one word/expression, but not more than three. In the third column the pupils will also write whether the word/expression that they have chosen has a negative or a positive meaning. The teacher collects the sheets and uses the characterization and the questions below for reflection.

MATERIAL

Worksheets provided below. Teachers can modify the worksheet by adding/ removing items.

OBSERVATION / ASSESSMENT CRITERIA

The statements below are to be used by the teacher to help pupils reflect on their previous experiences outside school.

Think about the way you learnt to do this activity:

1. Did you learn this by yourself, with someone's help, or in a team?
2. Did you like it or not?
3. Why did you feel this way?
4. Was it easy or difficult to do well in this activity?
5. Are you satisfied with your progress?
6. Would you like to do this activity again?
7. In what ways do you think this experience will help you in the future?

All the activities, the words/expressions and the questions for reflection are only indicative.

WORKSHEET

- **Match these words/expressions below with the activities of the table. You can use up to three words.**

boring, exciting, interesting, easy, difficult, impressive, disappointing, involving, hurtful, annoying, foolish, frustrating, purposeful, relieving, embarrassing, helpful, pleasant, unpleasant, scary, horrible; it makes me happy, it makes me worry, it makes me sad, attentive, joyful, proud, weak.

PERSONAL LIFE		
ACTIVITY	WORD/EXPRESSION	NEGATIVE/POSITIVE
Learn an artistic skill (play an instrument, sing, act, dance,		
Play team games		
Learn a sport (cycling swimming, skiing)		
Take care of pets/plants/younger siblings		
Help with housework (tidy my room, lay/clear table)		
Know what to do in an emergency		
Borrow a book from the library		
Take part in a competition		
Know how to behave in public places		
Attending a family activity		
Know what is morally right or wrong		

PERSONAL LIFE		
ACTIVITY	WORD/EXPRESSION	NEGATIVE/POSITIVE
Cooking		
Flirting		
Be autonomous/ independent (find one's way, buy a ticket, go shopping)		
Make friends		